



## Ida Brabrand

Partner

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Ida Brabrand has expertise in areas including freedom of speech, media law and employment law. Ida is not only a lawyer but also has an education as a journalist from journalism colleges in Oslo and Volda. She has work experience as a news reporter for NRK Østlandssending and TV Norge. Her unique combination of academic education and practical work experience as both a journalist and lawyer has made Ida skilled at advising companies and businesses in the media industry.

Ida also works on issues related to employment law, and she assists employers in serious whistleblowing cases, such as harassment cases. She assists in personnel cases with conflict management, severance agreements and downsizing processes. With her experience and expertise in employment law, Ida is particularly well-equipped to handle cases related to media law, which also raises issues regarding employment.

Ida also has long experience with family law and inheritance, and she assists in financial settlements after separation/divorce, custody agreements and inheritance cases. She also assists in conflict prevention and inheritance planning. This work includes the preparation of wills, future power of attorney, mediation, civil partnership agreements and marital agreements. Ida regularly litigates cases before the courts of law.

Ida hosts Brækhus' podcast "Lovlytt". She is also a sought-after lecturer and gives lectures tailored to the needs of each business.

### **Areas of Expertise**

- Media Law
- Technology, Innovation and Digitalisation
- Employment Law
- Dispute Resolution
- Intellectual Property and Marketing Law
- Family and Inheritance Law

## Experience

2022 - Partner, Brækhus  
2019 - 2022 Senior Lawyer, Brækhus Advokatfirma  
2015 - 2019 Lawyer, Brækhus Advokatfirma  
2014 - 2015 Lawyer, Kco advokater  
2011 - 2014 Associate, Kco advokater  
2010 Juridisk rådgivning for kvinner (JURK)  
2010 Freelance journalist, Mastiff TV/TV 2 hjelper deg  
2009 - 2010 Executive Officer, Juridisk rådgivning for kvinner (JURK)  
2007 - 2009 Freelance journalist, Mastiffnyheter/TV-Norgenyhetene  
2005 - 2007 Freelance journalist, NRK 1/Østlandssendingen, news and magazine material, NRK TV and NRK Radio

## Education

2014 Lawyers' practising certificate  
2011 Master of Laws, University of Oslo  
2005 Bachelor in journalism, Høgskulen i Volda  
2003 Journalism, Journalisthøyskolen i Oslo

## Positions

- Zola Prize for the Promotion of Civil Courage, Deputy chairman (2016-)
- Zola Prize for the Promotion of Civil Courage, Board member (2011-2016)

## Honors & Awards

- Recommended (2023) | Intellectual Property | Legal 500
- Recommended (2023-2024) | Employment | Legal 500

*"Associate partner Ida Brabrand has wide experience with negotiations and court proceedings, which is a strong asset to her skills in giving advice in the employment field."*

## Language

Norwegian  
English